



MEMORY

CAFES

IN LEEDS

**Produced by:- MSW Team**

**Telephone: 0113 231 1727 (9.00am to 5.00pm)**

**Email: [Memorysupport.lypft@nhs.net](mailto:Memorysupport.lypft@nhs.net)**

**Web: [alzheimers.org.uk](http://alzheimers.org.uk)**

**Whilst every effort has been made to ensure the Information in this leaflet is correct, Alzheimer's Society cannot accept any responsibility for suitability of services and venues in this publication.**

Alzheimer's Society is a registered charity in England and Wales (296645) and the Isle of Man (1128)  
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Registered office: 43-44 Crutched Friars, London EC3N 2AE

# Dementia Cafes offer a place to socialise, learn more and enjoy something new.

Everyone is welcome, whether there is a diagnosis or not. So come on down for a friendly chat.



## South/ South East

Trinity Networks Reformed Church

Trinity Network, Nesfield Road , Belle Isle

LS10 3LG

Mon-Fri 9-4pm

Cost: Varies from activities

0113 270 3935.

Belle Isle Senior Action

59 Centre Belle Isle Circus

LS10 3DU

Cost: varies for activities

0113 270 9426

Buddies At The Oak

British Oak Pub, Rothwell, LS26 0AG

Every Monday 2 -3:30PM

Cost: Free

Jemma/Kully: 07593562396



Reflections memory café

Trinity Network, Nesfield Road, Belle Isle, LS10 3LG

2nd Saturday of every month

10:30-12:30

£1.50

Julie: 0113 2707458

Tingley Methodist Church – Friends Café on the

1<sup>st</sup> Saturday of the month from 1:00pm-2:30pm. Joint venue between the 12<sup>th</sup> Leeds Boys Brigade & Tingley Methodist Church. Run by volunteers trained in Dementia friends. Ian 07503 161 996.

The Coffee Pot Café

Drighlington Methodist Church, King Street, Drighlington, BD11 1EH.

Every 2<sup>nd</sup> Friday of the month, 1:30pm-3:30pm.

Trevor Martin on 0113 2854165

Forget me not Cafe  
Garforth Methodist Church, 11 Church Ln,  
Garforth, Leeds LS25 1NW  
Every Tuesday 1pm-3:30pm  
No Charge  
0113 2874784 to make a booking.

Happy memories Café  
Gildersome Meeting Hall  
1<sup>st</sup> Tuesday each month 12-2PM  
££: what ever you like to contribute  
Jill Bellhouse  
[Happymemoriescafe@gmail.com](mailto:Happymemoriescafe@gmail.com)  
07886 597453



## West/ North West

Penny Lane Dementia Café  
Pudsey Congs Cricket Clud Intake road Pudsey  
LS28 9AP  
2nd & 4th Tuesday every month 14:00-16:00  
MHA communities 0113 256 2717  
pudsey@mha.org.uk

Bramley Elderly action - **Referral only**  
Every Thursday - 10-12 and 2-4  
Simon BEA 0113 236 1644  
simonbramleyea@gmail.com

Armley Helping Hands Strawberry Lane -  
**Referral Only**  
3rd Tuesday every month  
Karen 0113 279 9292

St John's Church, New Street, Farsley, Pudsey,  
LS28 5DJ.  
3rd Saturday of the month 10:00-12:00  
[sunflowermemorycafe@yahoo.co.uk](mailto:sunflowermemorycafe@yahoo.co.uk)

Central Methodist church Horsforth  
every wednesday morning 10-11.20am  
£2.00  
MHA Communities, Horsforth office on 0113  
2591511

Morrison Horsforth  
2nd Tuesday of month 2pm - 4pm  
please contact the MHA Communities,  
Horsforth office on 0113 2591511 or the Home  
Instead office 01937 220510

Calverlands DC  
Church Lane, Horsforth LS18 5LA, 0113  
3783337  
  
every Wednesday 1.30 - 3pm

OPAL Memory Support Group  
Welcome Inn Centre LS16 6DJ  
every fortnight Tuesday 1.30 - 3.30pm  
£5.00  
contact Sally Anne for details 0113 2619103

Village Hall, Old Lane, LS16 9AZ  
First Tuesday of month 1.30pm - 3pm  
£2.00  
contact Catherine Birkby 07821626500

HOPs (Hawksworth older people's support) manager is Martin.  
Hops Hawksworth wood village hall  
hawkworth avenue Leeds ls5 3pt  
tel 0113 228552: no memory café runs

Owls (Older wiser local seniors) 52 north lane headingley LS6 3HU  
telephone 0113 3697077  
every last monday of the month starts 2.30pm

Step(support the elderly people) Wendy is the manager-  
[step.2.step@btconnect.com](mailto:step.2.step@btconnect.com) no memory café runs

YORKSHIRE MEMORIES CAFÉ. Guiseley:  
Guiseley AFC Football & Cricket Ground.  
01274 391 820 / 0776 650 1278. Email:  
[BradfordMemoriesCafe@gmail.com](mailto:BradfordMemoriesCafe@gmail.com)

BRIDGE MEMORY CAFÉ. Otley:  
01943 465 141 / 01943 462 880.  
Held weekly, every Thursday 2:00pm-4:00pm

Caring together in woodhouse and little London. 127 woodhouse Street LS76 2PY.  
Telephone 0113 2430298 run by John, Lisa, and Val  
last friday of each month starts 1.30pm

CARE FOR A CUPPA MEMORY CAFÉ:  
Bramhope Village Hall, Old Lane LS16 9AZ.  
Monthly. First Tuesday every month. 1:30-3:30  
Catherine Birkby: 0782 162 6500. Email:  
[catherinebirkby@outlook.com](mailto:catherinebirkby@outlook.com)

THE MEMORY TREE: Parish Centre.  
Burley in Wharfedale. 1<sup>st</sup> & 3<sup>rd</sup> Thursday every month 2:00-4:00  
Susan Collins: 01943 864 424

CUPPA, CAKE & COMPANY:  
Parish Centre Burley in Wharfedale 1<sup>st</sup> Friday Monthly. 2:00-4:00. Becky Berry.  
0787 422 6690

ILKLEY DEMENTIA CAFÉ: Clarke Fowley Centre Ilkley. Fortnightly Tues / Wed 1:30-3:30  
Alzheimer's Society Bradford: 01274 586 008

MEMORY LANE CAFÉ: Yeadon: Ingotts Building,  
Yeadon Tarn.  
Community Café: Weekly.  
Every Saturday 11:00-2:00

**Memory Lane, Saturday Lunch Club,**  
Ingotts Building, Cemetery Road, Yeadon.  
LS19 7UP

Every Saturday. 11:00-2:00. Cost £5:00.

NOTE: There is an additional charge for  
raffle

Contact: Memory Lane: 0113 345 3378

**Guisseley Sporting Memory Café,**  
Guisseley Football & Cricket Club. LS20  
8BT

Every Friday. 1:00-3:00. Cost £ 2:00

Contact: Sweet Memories: 0776 650  
1278

**Bradford Sweet Memories Café,**  
Napoleon's Restaurant, 37 Bolton  
Road, Bradford. BD1 4DR.

Every Wednesday. 11:00-1:00. Cost  
£2:00

Contact: Sweet Memories: 0776 650  
1278

**Memory Lane, Memory Café,** Ingotts  
Building, Cemetery Road, Yeadon. LS19  
7UP

Last Friday of every month. 1:00-3:30. Cost  
£ 5:00.

NOTE: There is an additional charge for  
raffle

Contact: Memory Lane: 0113 345 3378

**“Care for a Cuppa”** Bramhope Village  
Hall. Old Lane, Bramhope. LS16 9AZ

1st Tuesday Every Month. Cost £ 2:00.

Contact: Catherine Birkby: 0782 162  
6500

**Bridge Street Memory Café.**

Bridge Street, Bridge Street Church  
Hall, Bridge Street, Otley. LS21 1RW

Every Thursday 2:00-4:00. Cost?

Contact: Margaret. 01943 465 141 /  
Anne. 01943 462 880

**Otley Action Memory Café.**

Chippendale Centre, ( Just before Bus  
Station ), Crossgates, Oley. LS21 3AA

1<sup>st</sup> Monday every month 12:00-2:00.  
Cost ?

Contact: Otley Action.: 01943 463 965

**Cornerstone memory café, Menston,**  
which is being organized by Home  
instead.

Menston Methodist Church, 39 main  
Street, Menston. LS29 6NB

First Wed of every month 10:00am-  
12:30pm.

Contact Sadie Parkin at Home Instead:  
0757 216 3914

**Ilkley Wellbeing Café,** Clarke Fowley  
Centre, Cunliffe Road, Ilkley. LS29 9DZ

1<sup>st</sup> & 3<sup>rd</sup> Tuesday of the month. 10:30-  
12:00. Cost?

Contact: 01274 586 008

**Over the Rainbow Café**

Horsforth Sports club, King George's  
Field, Brown Berrie Lane LS18 5SB

Last Wednesday each month  
1:30 – 3:30PM.

## East/ North East

### Tea Cozy Café:

Brackenwood Community Centre, Leeds LS8 1RG  
1st Thursday of month 11 - 1.30pm  
£2.50  
Susie 0113 2666476

Sweet Memories - Shadwell Library:  
Independent Library, 99 Main Street  
Shadwell LS17 8HL  
2nd Tuesday of month 10:30 - 12:30pm  
£4.00  
Pam 07761 288133

Birds Of A Feather - Crossgates Good Neighbours:  
The Newman Centre, Crossgates, LS15 7JY  
3rd Tuesday of month 1.30 to 3.30pm  
£2.50  
Admin 0113 260 6565



Valley Café community Get- together  
Wykebeck Valley Complex Needs Centre,  
Wykebeck Valley Road , Leeds, LS9 6NR  
EVERY Tuesday afternoon 1.00p.m -3.00p.m  
Kelly or Grace 0113 3789991 for further  
information and to let us know if attending.

Hamari Yaadain—South Asian Cafe  
Touchstone Support Centre, 53-55  
Harehills Avenue, Leeds,  
LS8 4EX  
Every Thursday of the month, 1pm-3pm  
(Hybrid)  
Contact:  
[bmedementia@touchstonesupport.org.uk](mailto:bmedementia@touchstonesupport.org.uk) or  
0113 2192727

WISE Memory Cafe - Wetherby In Support Of  
The Elderly:  
The Church Rooms, St James Church Wetherby  
2nd and 4th Weds 1.30 to 3.30pm  
£3.00  
Emma Collier 01937 588994  
[emma@w-ise.org.uk](mailto:emma@w-ise.org.uk)

